



**masters
swimming**
NEW SOUTH
WALES

NSW Branch Pointscore Round 11

proudly hosted by

TUGGERANONG VIKINGS

Tuggeranong Lakeside Leisure Centre
Ankatel St, Tuggeranong ACT
17/09/2016

v2 updated 9/9/2016

TUGGERANONG VIKINGS
NSW Branch Pointscore - Round 11
Tuggeranong Lakeside Leisure Centre
Saturday 17/09/2016
Warm Up – 11:00am, Start – 11:25am

| | | <i>Estimated Start Time</i> |
|-----|--|-----------------------------|
| 1 | 100m Individual Medley | 11:25 AM |
| 2 | 50m Butterfly | 11:39 AM |
| 3 | 100m Backstroke | 11:44 AM |
| 4 | 50m Freestyle | 11:54 AM |
| 5 | 100m Breaststroke | 12:04 PM |
| 6 | 50m Backstroke | 12:13 PM |
| 7 | 100m Freestyle | 12:21 PM |
| 8 | 50m Breaststroke | 12:35 PM |
| 9 | 100m Butterfly | 12:40 PM |
| 10A | 200m Freestyle | 12:44 PM |
| 10B | 200m Breaststroke | 12:57 PM |
| 10C | 200m Backstroke | 01:02 PM |
| 10D | 200m Butterfly | 01:07 PM |
| 10E | 200m Individual Medley | 01:13 PM |
| 11 | 4x50m Freestyle Relay (<i>Mixed/Men's/Women's</i>) | 01:20 PM |
| | Finish Time | 01:30 PM |
| | Swimmer Count: 63 | |

Swimmers should consider the above estimated times to be the minimum time that events will take. Note that they are based on the assumption that there will be a 40 second interval between heats.



Masters Swimming NSW
'Sunsmart' Policy and **'No Smoking'** policy
 will apply at this meet.

Officials

| | |
|---------------------|--|
| Meet Director: | Leisa Cass, Annette Britten |
| Meet Referee: | Jodie Burke |
| Referee: | Di Coxin-Ellis, Peter McGee, Jane Noake, Gary Stutsel |
| Inspector of Turns: | Helen Rubin, Owen Sinden |
| Starter: | Colvin Ellis, Kade Burgess, Greg Lewin |
| Chief Timekeeper: | Paul Bailey, Heather Cachia, Bill Eversham, Greg Gourley |
| Marshal: | Annette Britten, Leisa Cass, Audrey Stutsel |
| Check Starter: | Jeanette Droop, Anne Smyth, Jamie, Ann Reid |
| Recorder: | Mark Hepple |

Timekeeping Roster

| | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Tuggeranong Vikings | | | | 6 | 6 | |
| Molonglo Water Dragons | | 6 | 6 | | | |
| Oak Flats | | | | | | 7 |
| Ryde | 5 | | | | | |
| Seaside Pirates | | | | 2 | | |
| North Sydney | | | 2 | | | |
| Campbelltown Collegians | 1 | | | | | |
| Warringah | | | | | 1 | |
| Manly Masters | 1 | | | | | |
| Maitland | | 1 | | | | |
| Liverpool Leatherjackets | | | | | | 1 |
| Lane Cove | | | | | 1 | |
| Ginninderra | 1 | | | | | |
| Blacktown City | | 1 | | | | |

Note:

The numbers represent the number of swimmers that should be available from each club for timekeeping in that lane.

The top clubs in the list will be in charge of their respective lanes.

Allowing for an average number of no-shows, and not including the above listed technical officials, each competitor should timekeep for a minimum of:

34 minutes

Swimmers

| Name | Sex | Age | Events | Name | Sex | Age | Events |
|-------------------------------------|------------------------|-----|-----------------|-------------------------------------|------------------|-----|-----------------|
| BLACKTOWN CITY | | | | 4 | Lynn Healey | F | 66 2, 5, 7, 10C |
| 1 | Mark McDonald | M | 29 2, 4, 7, 10C | 5 | Bruce Jefferis | M | 64 1, 3, 7, 10B |
| Total Individual Entries: 4 | | | | 6 | Bob Kirkbride | M | 73 4, 5, 7, 10B |
| CAMPBELLTOWN COLLEGIANS | | | | 7 | Carolyn Worthy | F | 65 3, 4, 6, 10A |
| 1 | Kim Beazley | M | 62 1, 3, 4, 6 | Total Individual Entries: 25 | | | |
| 2 | Owen Sinden | M | 61 1, 4, 8, 10E | RYDE | | | |
| Total Individual Entries: 8 | | | | 1 | Cassie Andeson | F | 38 1, 4, 6, 10B |
| GINNINDERRA | | | | 2 | Stephen Black | M | 59 4, 6, 7, 10A |
| 1 | Andrew Maslaris | M | 30 1, 4, 7, 8 | 3 | Susan Leech | F | 53 4, 5, 7, 10B |
| Total Individual Entries: 4 | | | | 4 | Greg Lewin | M | 51 4, 6, 7, 10A |
| LANE COVE | | | | 5 | Helen Rubin | F | 64 1, 2, 3, 10D |
| 1 | Peter Stebbing | M | 73 6 | 6 | Amanda Stevens | F | 53 4, 6, 7, 10A |
| Total Individual Entries: 1 | | | | 7 | Jamie Turner | F | 75 4, 6, 7, 8 |
| LIVERPOOL LEATHERJACKETS | | | | Total Individual Entries: 28 | | | |
| 1 | Jenny Shay | F | 56 4, 5, 9, 10C | SEASIDE PIRATES | | | |
| Total Individual Entries: 4 | | | | 1 | Jodie Burke | F | 39 2, 4, 7, 9 |
| MAITLAND AUSSI MASTERS | | | | 2 | Jane Noake | F | 59 1, 4, 5, 10A |
| 1 | Colin Cliff | M | 81 1, 5, 8, 10A | 3 | William Watkins | M | 54 1, 4, 7, 10A |
| Total Individual Entries: 4 | | | | Total Individual Entries: 12 | | | |
| MANLY MASTERS | | | | TUGGERANONG VIKINGS | | | |
| 1 | Katherine Ahern-Sharpe | F | 53 3, 5, 6, 8 | 1 | Otto Benda | M | 54 1, 3, 7, 10A |
| Total Individual Entries: 4 | | | | 2 | Katrina Burgess | F | 49 1, 2, 5, 6 |
| MOLONGLO WATER DRAGONS | | | | 3 | Leisa Cass | F | 55 3, 4, 6, 7 |
| 1 | Gavin Atherton | M | 32 1, 4, 10A | 4 | Nicholas Dando | M | 35 2, 4, 6, 8 |
| 2 | Edwin Auzins | M | 35 2, 4, 7, 8 | 5 | Brenda Day | F | 67 1, 3, 7, 10E |
| 3 | Tim Booth | M | 65 4, 7, 10A | 6 | Roger Dietrich | M | 54 4, 5, 8, 10A |
| 4 | Ross Burden | M | 55 2, 4, 7, 8 | 7 | Jeanette Droop | F | 55 2, 3, 7, 10C |
| 5 | Mark Carroll | M | 44 1, 3, 4, 8 | 8 | Lori Gould | F | 43 4, 6, 8 |
| 6 | Peter Coggins | M | 67 4, 7, 10A | 9 | Kristen Leydon | F | 46 2, 4, 6, 7 |
| 7 | John Collis | M | 64 1, 5, 7, 8 | 10 | Ed Linder | M | 51 1, 5, 8, 10A |
| 8 | David Dedenczuk | M | 52 6, 7, 8, 10C | 11 | Caroline Makin | F | 48 1, 4, 7, 10C |
| 9 | Kelly Harper | F | 35 1, 4, 5, 7 | 12 | Atsuko McGowan | F | 37 1, 3, 4, 6 |
| 10 | Geoff Llewellyn | M | 83 3, 4, 7, 10A | 13 | Helen Morris | F | 43 1, 7, 10E |
| 11 | Nik Manassiev | M | 55 1, 4, 7, 10A | 14 | Pam Munday | F | 65 2, 5, 10D |
| 12 | Tim Mather | M | 71 3, 4, 6, 7 | 15 | Richard Phillips | M | 48 1, 4, 8 |
| Total Individual Entries: 45 | | | | 16 | Ann Reid | F | 54 1, 7, 9, 10A |
| NORTH SYDNEY | | | | 17 | Anne Smyth | F | 56 2, 3, 7, 10A |
| 1 | John de Vries | M | 58 1, 3, 6, 9 | 18 | Gary Stutsel | M | 77 2, 4, 7, 10E |
| 2 | Helen White | F | 66 4, 7, 8 | 19 | Andrea Teunissen | F | 56 1, 5, 9, 10E |
| Total Individual Entries: 7 | | | | 20 | Marianne Tweedie | F | 33 1, 3, 5, 7 |
| OAK FLATS | | | | Total Individual Entries: 76 | | | |
| 1 | Narelle Day | F | 61 1, 4, 8, 10A | WARRINGAH | | | |
| 2 | Ray Green | M | 77 4, 6, 8 | 1 | Paul Bailey | M | 55 1, 5, 7, 10D |
| 3 | Angela Hay | F | 40 4, 6 | 2 | Nicolai Morris | F | 28 2, 4, 6, 9 |
| Total Individual Entries: 3 | | | | Total Individual Entries: 8 | | | |
| WETT ONES | | | | 1 | Peter McGee | M | 66 3, 7, 10D |

Event Seeding

| Name | Sex/Age | Club | Time | Name | Sex/Age | Club | Time |
|----------------------------------|------------------|---------|---------|------------------------------------|------------------------|---------|---------|
| Event 1 100m IM | | | | Event 3 100m Backstroke | | | |
| Heat 1 of 5 | | | | Heat 1 of 3 | | | |
| 1 | Ed Linder | M51 NTN | NT | 1 | Geoff Llewellyn | M83 NCN | 3:20.00 |
| 2 | Andrea Teunissen | W56 NTN | 2:50.00 | 2 | Carolyn Worthy | W65 NOF | 2:26.00 |
| 3 | Jane Noake | W59 NSP | 2:10.00 | 3 | Leisa Cass | W55 NTN | 1:59.00 |
| 4 | Helen Rubin | W64 NRY | 2:25.00 | 4 | Otto Benda | M54 NTN | 2:00.00 |
| 5 | Helen Morris | W43 NTN | 2:50.00 | 5 | Helen Rubin | W64 NRY | 2:28.00 |
| Heat 2 of 5 | | | | Heat 2 of 3 | | | |
| 1 | Colin Cliff | M81 NMT | 2:05.00 | 1 | Peter McGee | M66 NWO | 1:50.00 |
| 2 | Brenda Day | W67 NTN | 1:56.00 | 2 | Jeanette Droop | W55 NTN | 1:45.00 |
| 3 | Narelle Day | W61 NOF | 1:54.00 | 3 | Katherine Ahern-Sharpe | W53 NML | 1:38.00 |
| 4 | Otto Benda | M54 NTN | 1:55.00 | 4 | Tim Mather | M71 NCN | 1:40.00 |
| 5 | Richard Phillips | M48 NTN | 2:00.00 | 5 | Bruce Jefferis | M64 NOF | 1:45.00 |
| 6 | Cassie Anderson | W36 NRY | 2:05.00 | 6 | Brenda Day | W67 NTN | 1:52.00 |
| Heat 3 of 5 | | | | Heat 3 of 3 | | | |
| 1 | Ann Reid | W54 NTN | 1:45.00 | 1 | Kim Beazley | M62 NCT | 1:30.00 |
| 2 | Mark Carroll | M44 NCN | 1:40.00 | 2 | Mark Carroll | M44 NCN | 1:25.00 |
| 3 | Bruce Jefferis | M64 NOF | 1:35.00 | 3 | John DE Vries | M58 NNS | 1:15.00 |
| 4 | Andrew Maslaris | M30 NGN | 1:40.00 | 4 | Marianne Tweedie | W33 NTN | 1:24.00 |
| 5 | Paul Bailey | M55 NWG | 1:45.00 | 5 | Atsuko McGowan | W37 NTN | 1:25.00 |
| 6 | Donna Campbell | W54 NTN | 1:50.00 | 6 | Anne Smyth | W56 NTN | 1:33.00 |
| Heat 4 of 5 | | | | Event 4 50m Freestyle | | | |
| 1 | John Collis | M64 NCN | 1:35.00 | Heat 1 of 7 | | | |
| 2 | Kim Beazley | M62 NCT | 1:32.00 | 2 | Carolyn Worthy | W65 NOF | 54.00 |
| 3 | Gavin Atherton | M32 NCN | 1:30.00 | 3 | Kristen Leydon | W46 NTN | 51.00 |
| 4 | Atsuko McGowan | W37 NTN | 1:32.00 | 4 | Ray Green | M77 NOF | 52.00 |
| 5 | Kelly Harper | W35 NCN | 1:35.00 | 5 | Geoff Llewellyn | M83 NCN | 55.00 |
| 6 | Nik Manassiev | M55 NCN | 1:35.00 | Heat 2 of 7 | | | |
| Heat 5 of 5 | | | | 1 | Jamie Turner | W75 NRY | 48.00 |
| 1 | Owen Sinden | M61 NCT | 1:25.00 | 2 | Jodie Burke | W39 NSP | 45.00 |
| 2 | Katrina Burgess | W49 NTN | 1:22.00 | 3 | Leisa Cass | W55 NTN | 43.00 |
| 3 | John DE Vries | M58 NNS | 1:16.00 | 4 | Cassie Anderson | W36 NRY | 45.00 |
| 4 | Caroline Makin | W48 NTN | 1:20.50 | 5 | Amanda Stevens | W53 NRY | 48.00 |
| 5 | Marianne Tweedie | W33 NTN | 1:24.00 | 6 | Lori Gould | W43 NTN | 51.00 |
| 6 | William Watkins | M54 NSP | 1:28.00 | Heat 3 of 7 | | | |
| Event 2 50m Butterfly | | | | 1 | Narelle Day | W61 NOF | 42.00 |
| Heat 1 of 3 | | | | 2 | Roger Dietrich | M54 NTN | 40.00 |
| 2 | Kristen Leydon | W46 NTN | 1:10.00 | 3 | Helen White | W66 NNS | 40.00 |
| 3 | Ross Burden | M55 NCN | 1:00.00 | 4 | Angela Hay | W40 NOF | 40.00 |
| 4 | Helen Rubin | W64 NRY | 1:10.00 | 5 | Richard Phillips | M48 NTN | 40.00 |
| Heat 2 of 3 | | | | 6 | Jane Noake | W59 NSP | 42.00 |
| 1 | Lynn Healey | W66 NOF | 55.00 | Heat 4 of 7 | | | |
| 2 | Pam Munday | W65 NTN | 48.00 | 1 | Mark Carroll | M44 NCN | 40.00 |
| 3 | Gary Stutsel | M77 NTN | 45.00 | 2 | Tim Booth | M65 NCN | 40.00 |
| 4 | Jeanette Droop | W55 NTN | 47.00 | 3 | Kelly Harper | W35 NCN | 38.00 |
| 5 | Donna Campbell | W54 NTN | 52.00 | 4 | Peter Coggins | M67 NCN | 39.00 |
| 6 | Jodie Burke | W39 NSP | 56.00 | 5 | Tim Mather | M71 NCN | 40.00 |
| Heat 3 of 3 | | | | 6 | Ross Burden | M55 NCN | 40.00 |
| 1 | Katrina Burgess | W49 NTN | 38.00 | Heat 5 of 7 | | | |
| 2 | Edwin Auzins | M35 NCN | 34.00 | 1 | Susan Leech | W53 NRY | 36.00 |
| 3 | Nicolai Morris | W28 NWG | 32.00 | 2 | Stephen Black | M59 NRY | 35.00 |
| 4 | Nicholas Dando | M35 NTN | 33.00 | 3 | Jenny Shay | W56 NLP | 34.83 |
| 5 | Mark McDonald | M29 NBT | 34.00 | 4 | Gary Stutsel | M77 NTN | 35.00 |
| 6 | Anne Smyth | W56 NTN | 40.00 | 5 | Atsuko McGowan | W37 NTN | 35.00 |

Event Seeding (cont'd)

| Name | Sex/Age | Club | Time | Name | Sex/Age | Club | Time |
|---------------------------------------|------------------------|---------|---------|--|------------------------|---------|---------|
| Event 4 50m Freestyle (cont'd) | | | | Event 6 50m Backstroke (cont'd) | | | |
| 6 | Bob Kirkbride | M73 NOF | 37.00 | 3 | Katherine Ahern-Sharpe | W53 NML | 44.00 |
| Heat 6 | | | | 4 | David Dedenczuk | M52 NCN | 44.00 |
| 1 | Kim Beazley | M62 NCT | 34.00 | 5 | Donna Campbell | W54 NTN | 50.00 |
| 2 | Caroline Makin | W48 NTN | 32.00 | 6 | Stephen Black | M59 NRY | 52.00 |
| 3 | Mark McDonald | M29 NBT | 31.00 | Heat 4 of 4 | | | |
| 4 | William Watkins | M54 NSP | 32.00 | 1 | Atsuko McGowan | W37 NTN | 40.00 |
| 5 | Greg Lewin | M51 NRY | 33.00 | 2 | Nicholas Dando | M35 NTN | 36.00 |
| 6 | Andrew Maslaris | M30 NGN | 34.00 | 3 | Nicolai Morris | W28 NWG | 32.00 |
| Heat 7 of 7 | | | | 4 | John DE Vries | M58 NNS | 34.00 |
| 1 | Nicholas Dando | M35 NTN | 30.00 | 5 | Katrina Burgess | W49 NTN | 39.00 |
| 2 | Owen Sinden | M61 NCT | 30.00 | 6 | Kim Beazley | M62 NCT | 42.00 |
| 3 | Nicolai Morris | W28 NWG | 29.00 | Event 7 100m Freestyle | | | |
| 4 | Edwin Auzins | M35 NCN | 29.50 | Heat 1 of 6 | | | |
| 5 | Gavin Atherton | M32 NCN | 30.00 | 1 | Helen Morris | W43 NTN | 2:00.00 |
| 6 | Nik Manassiev | M55 NCN | 30.75 | 2 | Jamie Turner | W75 NRY | 1:55.00 |
| Event 5 100m Breaststroke | | | | 3 | Lynn Healey | W66 NOF | 1:36.00 |
| Heat 1 of 3 | | | | 4 | Jodie Burke | W39 NSP | 1:45.00 |
| 2 | Colin Cliff | M81 NMT | 2:15.00 | 5 | Geoff Llewellyn | M83 NCN | 2:00.00 |
| 3 | Jane Noake | W59 NSP | 2:05.00 | 6 | Kristen Leydon | W46 NTN | 2:10.00 |
| 4 | Lynn Healey | W66 NOF | 2:10.00 | Heat 2 of 6 | | | |
| 5 | Andrea Teunissen | W56 NTN | 2:40.00 | 1 | Brenda Day | W67 NTN | 1:35.00 |
| Heat 2 of 3 | | | | 2 | Peter Coggins | M67 NCN | 1:33.00 |
| 1 | Kelly Harper | W35 NCN | 2:00.00 | 3 | Leisa Cass | W55 NTN | 1:30.00 |
| 2 | Paul Bailey | M55 NWG | 1:55.00 | 4 | Helen White | W66 NNS | 1:32.00 |
| 3 | Pam Munday | W65 NTN | 1:42.00 | 5 | Otto Benda | M54 NTN | 1:35.00 |
| 4 | Jenny Shay | W56 NLP | 1:47.76 | 6 | David Dedenczuk | M52 NCN | 1:35.00 |
| 5 | Bob Kirkbride | M73 NOF | 2:00.00 | Heat 3 of 6 | | | |
| 6 | Roger Dietrich | M54 NTN | 2:00.00 | 1 | Tim Mather | M71 NCN | 1:30.00 |
| Heat 3 of 3 | | | | 2 | Paul Bailey | M55 NWG | 1:28.00 |
| 1 | Katherine Ahern-Sharpe | W53 NML | 1:39.00 | 3 | Ann Reid | W54 NTN | 1:25.00 |
| 2 | John Collis | M64 NCN | 1:36.00 | 4 | Amanda Stevens | W53 NRY | 1:26.00 |
| 3 | Ed Linder | M51 NTN | 1:31.00 | 5 | Bob Kirkbride | M73 NOF | 1:28.00 |
| 4 | Katrina Burgess | W49 NTN | 1:35.00 | 6 | Ross Burden | M55 NCN | 1:30.00 |
| 5 | Marianne Tweedie | W33 NTN | 1:37.00 | Heat 4 of 6 | | | |
| 6 | Susan Leech | W53 NRY | 1:42.00 | 1 | Gary Stutsel | M77 NTN | 1:25.00 |
| Event 6 50m Backstroke | | | | 2 | John Collis | M64 NCN | 1:22.00 |
| Heat 1 of 4 | | | | 3 | Bruce Jefferis | M64 NOF | 1:21.00 |
| 2 | Cassie Anderson | W36 NRY | 1:10.00 | 4 | Susan Leech | W53 NRY | 1:22.00 |
| 3 | Ray Green | M77 NOF | 1:10.00 | 5 | Stephen Black | M59 NRY | 1:23.00 |
| 4 | Carolyn Worthy | W65 NOF | 1:10.00 | 6 | Jeanette Droop | W55 NTN | 1:25.00 |
| 5 | Amanda Stevens | W53 NRY | 1:30.00 | Heat 5 of 6 | | | |
| Heat 2 of 4 | | | | 1 | Tim Booth | M65 NCN | 1:20.00 |
| 1 | Angela Hay | W40 NOF | 1:00.00 | 2 | Andrew Maslaris | M30 NGN | 1:16.00 |
| 2 | Lori Gould | W43 NTN | 57.00 | 3 | Anne Smyth | W56 NTN | 1:15.00 |
| 3 | Peter Stebbing | M73 NLC | 55.00 | 4 | Greg Lewin | M51 NRY | 1:15.00 |
| 4 | Greg Lewin | M51 NRY | 56.00 | 5 | Peter McGee | M66 NWO | 1:20.00 |
| 5 | Jamie Turner | W75 NRY | 58.00 | 6 | Kelly Harper | W35 NCN | 1:20.00 |
| 6 | Kristen Leydon | W46 NTN | 1:05.00 | Heat 6 of 6 | | | |
| Heat 3 of 4 | | | | 1 | Marianne Tweedie | W33 NTN | 1:11.50 |
| 1 | Leisa Cass | W55 NTN | 52.00 | 2 | Edwin Auzins | M35 NCN | 1:10.00 |
| 2 | Tim Mather | M71 NCN | 50.00 | 3 | Caroline Makin | W48 NTN | 1:09.50 |
| | | | | 4 | Mark McDonald | M29 NBT | 1:10.00 |

Event Seeding (cont'd)

| Name | Sex/Age | Club | Time | Name | Sex/Age | Club | Time |
|--|------------------------|---------|---------|------------------------------------|------------------|---------|---------|
| Event 7 100m Freestyle (cont'd) | | | | Event 10A 200m Freestyle | | | |
| 5 | Nik Manassiev | M55 NCN | 1:11.00 | Heat 1 of 3 | | | |
| 6 | William Watkins | M54 NSP | 1:12.00 | 1 | Carolyn Worthy | W65 NOF | 4:34.00 |
| Event 8 50m Breaststroke | | | | 2 | Geoff Llewellyn | M83 NCN | 4:10.00 |
| Heat 1 of 4 | | | | 3 | Colin Cliff | M81 NMT | 3:46.00 |
| 2 | Ray Green | M77 NOF | 1:20.00 | 4 | Peter Coggins | M67 NCN | 3:55.00 |
| 3 | Ross Burden | M55 NCN | 1:00.00 | 5 | Amanda Stevens | W53 NRY | 4:20.00 |
| 4 | Jamie Turner | W75 NRY | 1:10.00 | 6 | Ed Linder | M51 NTN | NT |
| Heat 2 | | | | Heat 2 of 3 | | | |
| 2 | Colin Cliff | M81 NMT | 59.50 | 1 | Roger Dietrich | M54 NTN | 3:30.00 |
| 3 | Roger Dietrich | M54 NTN | 54.00 | 2 | Otto Benda | M54 NTN | 3:20.00 |
| 4 | Lori Gould | W43 NTN | 55.00 | 3 | Ann Reid | W54 NTN | 3:09.00 |
| 5 | Richard Phillips | M48 NTN | 1:00.00 | 4 | Stephen Black | M59 NRY | 3:10.00 |
| Heat 3 of 4 | | | | 5 | Narelle Day | W61 NOF | 3:20.00 |
| 1 | Narelle Day | W61 NOF | 52.00 | 6 | Jane Noake | W59 NSP | 3:30.00 |
| 2 | David Dedenczuk | M52 NCN | 48.50 | Heat 3 of 3 | | | |
| 3 | Katherine Ahern-Sharpe | W53 NML | 44.00 | 1 | Nik Manassiev | M55 NCN | 2:53.00 |
| 4 | Mark Carroll | M44 NCN | 45.00 | 2 | Anne Smyth | W56 NTN | 2:43.00 |
| 5 | Helen White | W66 NNS | 52.00 | 3 | Gavin Atherton | M32 NCN | 2:25.00 |
| 6 | Donna Campbell | W54 NTN | 54.00 | 4 | William Watkins | M54 NSP | 2:40.00 |
| Heat 4 of 4 | | | | 5 | Tim Booth | M65 NCN | 2:45.00 |
| 1 | Ed Linder | M51 NTN | 41.00 | 6 | Greg Lewin | M51 NRY | 3:00.00 |
| 2 | Owen Sinden | M61 NCT | 40.00 | Event 10B 200m Breaststroke | | | |
| 3 | Nicholas Dando | M35 NTN | 36.00 | 2 | Bob Kirkbride | M73 NOF | 4:10.00 |
| 4 | Edwin Auzins | M35 NCN | 38.00 | 3 | Susan Leech | W53 NRY | 3:40.00 |
| 5 | John Collis | M64 NCN | 40.00 | 4 | Bruce Jefferis | M64 NOF | 3:45.00 |
| 6 | Andrew Maslaris | M30 NGN | 43.00 | 5 | Cassie Anderson | W36 NRY | 4:30.00 |
| Event 9 100m Butterfly | | | | Event 10C 200m Backstroke | | | |
| 1 | Jodie Burke | W39 NSP | 2:10.00 | 1 | Lynn Healey | W66 NOF | 4:00.00 |
| 2 | Jenny Shay | W56 NLP | 1:53.09 | 2 | David Dedenczuk | M52 NCN | 3:40.00 |
| 3 | Nicolai Morris | W28 NWG | 1:15.00 | 3 | Caroline Makin | W48 NTN | 2:59.00 |
| 4 | John DE Vries | M58 NNS | 1:16.00 | 4 | Mark McDonald | M29 NBT | 3:10.00 |
| 5 | Ann Reid | W54 NTN | 1:59.00 | 5 | Jeanette Droop | W55 NTN | 3:45.00 |
| 6 | Andrea Teunissen | W56 NTN | 2:55.00 | 6 | Jenny Shay | W56 NLP | 4:07.05 |
| | | | | Event 10D 200m Butterfly | | | |
| | | | | 2 | Peter McGee | M66 NWO | 4:00.00 |
| | | | | 3 | Paul Bailey | M55 NWG | 1:54.00 |
| | | | | 4 | Pam Munday | W65 NTN | 3:38.00 |
| | | | | 5 | Helen Rubin | W64 NRY | 5:15.00 |
| | | | | Event 10E 200m IM | | | |
| | | | | 1 | Helen Morris | W43 NTN | 6:00.00 |
| | | | | 2 | Brenda Day | W67 NTN | 4:04.00 |
| | | | | 3 | Owen Sinden | M61 NCT | 3:20.00 |
| | | | | 4 | Gary Stutsel | M77 NTN | 3:50.00 |
| | | | | 5 | Andrea Teunissen | W56 NTN | 5:15.00 |