



Long Distance Championships

Blacktown Aquatic Centre
Boyd Street, Blacktown
Sunday 13 November, 2016

Masters Swimming NSW
Long Distance Championships
Blacktown Aquatic Centre

Sunday 13/11/2016

Warm Up – 8:00 to 8:45am, Start –9:00am

	<i>Estimated Start Time</i>
1A 1500m Butterfly	09:00 am
1B 1500m Backstroke	09:00 am
1C 1500m Breaststroke	10:25 am
2 800m Freestyle	11:25 am
3A 400m Butterfly	01:10 pm
3B 400m Backstroke	01:20 pm
3C 400m Breaststroke	02:00 pm
3D 400m Individual Medley	02:25 pm
4 400m Freestyle	02:45 pm
Finish Time	03:10 pm
Swimmer Count: 81	

Swimmers should consider the above estimated times to be the minimum time that events will take. Note that they are based on the assumption that there will be a 40 second interval between heats.



Masters Swimming NSW
'Sunsmart' Policy and **'No Smoking' policy**
will apply at this meet.

Officials

Meet Director:	Jane Noake
Meet Referee:	Neil Keele
Referee:	Jodie Burke, Marilyn Earp, Di Coxon Ellis, Ruth Fitzpatrick, Sue Johnstone, Peter McGee, Jane Noake, Alan Walsh, Karen Walsh
Inspector of Turns:	Wendy Gordon, Helen Rubin, Owen Sinden, Sue Wiles
Starter:	Colin Cliff, Colvin Ellis
Chief Timekeeper:	Paul Bailey, Willy Watkins, James Watson
Check Starter:	Kerryn Blanch, Jane Noake, Jillian Pateman, Jamie Turner
Recorder:	Mark Hepple
Medical:	pool staff

Allowing for an average number of no-shows, and excluding the above listed technical officials, the **average time** that each competitor should timekeep is:

1 hr 12 minutes

We all need our events timed, so no competitor will have their swim time recorded unless they, or their proxy, has volunteered to timekeep for others for the stipulated minimum time.

The minimum time that each competitor must timekeep for this meet is set at:

1 hr 5 minutes

To facilitate this, competitors will be required to sign on and sign off, with a nominated official, for each period of timekeeping undertaken.

These hours are greatly reduced thanks to the inclusion of volunteers from Volunteering NSW, and we take this opportunity to thank them for their participation.

Any competitor that cannot fulfil their obligations may ask their club members, friends or family to do so on their behalf.

In the case of extenuating circumstances you may appeal to the Meet Director for exclusion.

Timekeeping

Club

The numbers represent the number of swimmers that should be available from each club for timekeeping in that lane. The top clubs in the list will be in charge of their respective lanes

Manly Masters	8
Blue Mountains	6
Ryde	5
Seaside Pirates	3
Warringah	6
Coogee-Randwick	5
Sutherland Sandbern	5
Wett Ones	3
Tuggeranong Vikings	4
Blacktown City	4
Novocastrian	3
Campbelltown	1
Collegians	2
Castle Hill	1
Wests Auburn	2
North Sydney	1
Port Macquarie	1
Cronulla Sutherland	1
Merrylands	1
Wollongong	1
Penrith	2
Liverpool	1
Ettalong	1

Swimmers

Name	Sex Age	Events	Name	Sex Age	Events
BLACKTOWN CITY			MANLY MASTERS		
1 Megan Blamires	F 47	1B, 3C	1 Katherine Ahern-Sharpe	F 53	1B, 3B
2 Stephen Brown	M 53	2, 3B	2 Lindsay Brice	M 65	2, 3C
3 Anthony Horadam	M 59	2, 3C	3 Chris Dando	M 60	2, 4
4 Clary Munns	F 72	2, 4	4 Ruth Fitzpatrick	F 68	2
Total Individual Entries: 8			5 Stephen Lamy	M 67	1B, 3B
BLUE MOUNTAINS PHOENIX			6 Barry Seymour	M 69	2, 4
1 Kathryn Dobson	F 59	2, 3B	7 Vincent Squillace	M 47	2, 3B
2 Robin Griffiths	F 62	1C, 3D	8 Sonja Walters	F 57	2
3 Kate Johnson	F 29	2, 3D	9 Raymond Watson	M 79	1C, 3C
4 Ronald Leggatt	M 57	4	Total Individual Entries: 16		
5 Russell Merrick	M 47	1A, 3C	MERRYLANDS		
6 Jillian Pateman	F 57	2, 4	1 Ian Wilson	M 51	2, 3D
7 Penelope Rossiter	F 61	3A	Total Individual Entries: 2		
8 Sue Wiles	F 76	1B, 4	NORTH SYDNEY		
Total Individual Entries: 14			1 Jesse Hanna	M 24	2, 3D
CAMPBELLTOWN COLLEGIANS			2 Abril Vitte Soto	F 31	2, 3D
1 Kim Beazley	M 62	1B, 3B	Total Individual Entries: 4		
2 Owen Sinden	M 61	1C, 3D	NOVOCASTRIAN		
Total Individual Entries: 4			1 Emma Bartley	F 27	2, 3C
CASTLE HILL			2 Robin Carson	F 77	1B, 3B
1 Kathryn Henson	F 54	1C, 3A	3 Wendy Gordon	F 63	1C, 3D
2 Imogen O'Neill	F 27	2, 3B	4 Maureen Woodcock	F 67	2, 4
Total Individual Entries: 4			Total Individual Entries: 8		
COOGEE-RANDWICK			PENRITH		
1 Deanne Doran	F 53	3C, 4	1 Stephen de Lorenzo	M 60	2, 4
2 Jane Eskin	F 53	1A, 3A	2 Darren Fraser	M 59	3C, 4
3 Mark O'Sullivan	M 50	3D, 4	Total Individual Entries: 4		
4 Jacqui Robinson	F 45	2, 3A	PORT MACQUARIE		
5 Paul Wyatt	M 70	1A, 3C	1 Margaret Jopling	F 81	1B, 3B
Total Individual Entries: 10			Total Individual Entries: 2		
CRONULLA SUTHERLAND			RYDE		
1 Anita Saviane	F 73	2, 3D	1 Stephen Black	M 59	2, 4
Total Individual Entries: 2			2 Michael Bradford	M 64	2, 4
ETTALONG			3 Yvette Cotton	F 45	2, 4
1 Cameron Horn	M 57	1B, 3B	4 Helen Rubin	F 64	1B, 3A
Total Individual Entries: 2			5 Amanda Stevens	F 53	2, 4
LIVERPOOL LEATHERJACKETS			6 Jamie Turner	F 75	3B, 4
1 Suzie Haddad	F 31	2, 3B	7 Amanda U	F 36	2, 3D
Total Individual Entries: 2			Total Individual Entries: 14		
MAITLAND			SEASIDE PIRATES		
1 Colin Cliff	M 81	2, 4	1 Jodie Burke	F 39	3A, 4
Total Individual Entries: 2			2 Jane Noake	F 59	2, 4
			3 Heidi Roche	F 44	3D, 4
			4 Sandra Rogers	F 52	2
			5 Sue Tompkins	F 53	2, 3B

Swimmers (cont'd)

Name	Sex Age	Events	Name	Sex Age	Events
6 William Watkins	M 54	2, 4			
7 James Watson	M 42	3B, 4			

Total Individual Entries: 13

SUTHERLAND SANDBERN

1 Nicholas Grinter	M 25	2, 3A
2 Allan Samuels	M 52	4
3 Peta Samuels	F 45	3A
4 Peter Sheean	M 72	2, 3B
5 Stephen Thompson	M 57	1C, 3A

Total Individual Entries: 8

TUGGERANONG VIKINGS

1 Katrina Burgess	F 49	1B, 3C
2 Donna Campbell	F 54	1C, 3B
3 Jenna Freeman	F 20	1B, 3A
4 Caroline Makin	F 48	2, 3B

Total Individual Entries: 8

WARRINGAH

1 Paul Bailey	M 55	1A, 3A
2 Graham Campbell	M 72	1B, 3C
3 Ryan Catzel	M 41	3D
4 Ossie Doherty	M 90	4
5 Stephen Kellaway	M 57	3C
6 John Pagden	M 75	2, 4
7 Tony Tooher	M 54	3B, 4

Total Individual Entries: 11

WESTS AUBURN

1 Cassie Anderson	F 36	1B, 3B
2 Kerryn Blanch	F 43	1A, 3C

Total Individual Entries: 4

WETT ONES

1 Damon Kendrick	M 57	2
2 Peter McGee	M 66	2, 3A
3 Catherine Rogers	F 64	2, 4
4 Wayne Sherson	M 54	2, 3C

Total Individual Entries: 7

WOLLONGONG

1 Karlina Lindsell	F 53	2, 3D
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Event Seeding

Name	Sex/Age	Club	Time
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Event 1A 1500m Butterfly

1	Russell Merrick	M47	NBM	28:00.00
2	Paul Wyatt	M70	NCR	30:00.00
3	Paul Bailey	M55	NWG	32:00.00
4	Kerryn Blanch	W43	NWS	37:00.00
5	Jane Eskin	W53	NCR	45:00.00

Event 1B 1500m Backstroke

1	Jenna Freeman	W20	NTN	18:40.00
2	Cameron Horn	M57	NET	22:00.00
3	Stephen Lamy	M67	NML	25:30.00
4	Megan Blamires	W47	NBT	26:00.00
5	Katrina Burgess	W49	NTN	26:00.00
6	Kim Beazley	M62	NCT	29:45.00
7	Katherine Ahern-Sharpe	W53	NML	32:25.00
8	Cassie Anderson	W36	NWS	37:00.00
9	Margaret Jopling	W81	NPM	40:00.00
10	Robin Carson	W77	NNC	42:00.00
11	Helen Rubin	W64	NRY	44:00.00
12	Sue Wiles	W76	NBM	45:00.00
13	Graham Campbell	M72	NWG	53:00.00

Event 1C 1500m Breaststroke

1	Stephen Thompson	M57	NSA	29:00.00
2	Owen Sinden	M61	NCT	30:00.00
3	Wendy Gordon	W63	NNC	32:30.00
4	Robin Griffiths	W62	NBM	37:00.00
5	Donna Campbell	W54	NTN	39:00.00
6	Raymond Watson	M79	NML	46:50.00
7	Kathryn Henson	W54	NCL	1:00:00.00

Name	Sex/Age	Club	Time
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Event 2 800m Freestyle

1	Nicholas Grinter	M25	NSA	10:10.00
2	Jacqui Robinson	W45	NCR	10:10.00
3	Damon Kendrick	M57	NWO	10:30.00
4	Ian Wilson	M51	NMR	10:55.00
5	Michael Bradford	M64	NRY	10:58.00
6	Emma Bartley	W27	NNC	11:00.00
7	Caroline Makin	W48	NTN	11:08.00
8	Jesse Hanna	M24	NNS	11:10.00
9	Stephen de Lorenzo	M60	NPN	11:13.00
10	Vincent Squillace	M47	NML	11:15.00
11	Wayne Sherson	M54	NWO	11:20.00
12	Kate Johnson	W29	NBM	11:30.00
13	Sandra Rogers	W52	NSP	11:40.00
14	Barry Seymour	M69	NML	11:50.00
15	Amanda U	W36	NRY	12:15.00
16	Sue Tompkins	W53	NSP	12:18.00
17	William Watkins	M54	NSP	12:25.00
18	Chris Dando	M60	NML	12:30.00
19	Stephen Brown	M53	NBT	12:30.00
20	Imogen O'Neill	W27	NCL	12:50.00
21	Clary Munns	W72	NBT	13:00.00
22	Kathryn Dobson	W59	NBM	13:10.00
23	Peter McGee	M66	NWO	13:15.00
24	Suzie Haddad	W31	NLP	13:53.00
25	Karline Lindsell	W53	NWL	14:20.00
26	Jillian Pateman	W57	NBM	14:20.00
27	Yvette Cotton	W45	NRY	14:28.00
28	Peter Sheean	M72	NSA	14:30.00
29	Abril Vitte Soto	W31	NNS	15:00.00
30	Jane Noake	W59	NSP	15:00.00
31	Anthony Horadam	M59	NBT	15:00.00
32	John Pagden	M75	NWG	15:00.00
33	Lindsay Brice	M65	NML	15:15.00
34	Catherine Rogers	W64	NWO	15:20.00
35	Stephen Black	M59	NRY	15:30.00
36	Maureen Woodcock	W67	NNC	16:00.00
37	Colin Cliff	M81	NMT	16:00.00
38	Ruth Fitzpatrick	W68	NML	16:15.00
39	Anita Saviane	W73	NCS	16:40.00
40	Amanda Stevens	W53	NRY	17:00.00
41	Sonja Walters	W57	NML	22:00.00

Event Seeding (cont'd)

Name				Sex/Age	Club	Time	Name				Sex/Age	Club	Time
Event 3A 400m Butterfly							Event 3D 400m IM						
1	Jacqui Robinson	W45	NCR	6:00.00	1	Kate Johnson	W29	NBM	6:00.00				
2	Jenna Freeman	W20	NTN	6:00.00	2	Jesse Hanna	M24	NNS	6:00.00				
3	Nicholas Grinter	M25	NSA	6:29.00	3	Ian Wilson	M51	NMR	6:15.00				
4	Stephen Thompson	M57	NSA	7:30.00	4	Heidi Roche	W44	NSP	6:40.00				
5	Peta Samuels	W45	NSA	7:30.00	5	Owen Sinden	M61	NCT	7:00.00				
6	Peter McGee	M66	NWO	8:30.00	6	Amanda U	W36	NRV	7:05.00				
7	Paul Bailey	M55	NWG	8:30.00	7	Mark O'Sullivan	M50	NCR	7:15.00				
8	Jane Eskin	W53	NCR	8:50.00	8	Wendy Gordon	W63	NNC	8:00.00				
9	Penelope Rossiter	W61	NBM	9:02.00	9	Karline Lindsell	W53	NWL	4:35.00				
10	Jodie Burke	W39	NSP	9:05.00	10	Abril Vitte Soto	W31	NNS	8:50.00				
11	Helen Rubin	W64	NRV	11:30.00	11	Robin Griffiths	W62	NBM	9:12.00				
12	Kathryn Henson	W54	NCL	19:00.00	12	Anita Saviane	W73	NCS	9:30.00				
					13	Ryan Catzel	M41	NWG	12:00.00				
Event 3B 400m Backstroke							Event 4 400m Freestyle						
1	Cameron Horn	M57	NET	5:30.00	1	Allan Samuels	M52	NSA	5:05.00				
2	James Watson	M42	NSP	6:00.00	2	Michael Bradford	M64	NRV	5:18.00				
3	Tony Tooher	M54	NWG	6:11.00	3	James Watson	M42	NSP	5:20.00				
4	Vincent Squillace	M47	NML	6:15.00	4	Darren Fraser	M59	NPN	5:25.00				
5	Stephen Lamy	M67	NML	6:25.00	5	Stephen de Lorenzo	M60	NPN	5:25.00				
6	Stephen Brown	M53	NBT	6:30.00	6	Tony Tooher	M54	NWG	5:29.00				
7	Imogen O'Neill	W27	NCL	6:35.00	7	Mark O'Sullivan	M50	NCR	5:45.00				
8	Caroline Makin	W48	NTN	6:40.00	8	Barry Seymour	M69	NML	5:50.00				
9	Sue Tompkins	W53	NSP	7:00.00	9	Heidi Roche	W44	NSP	5:50.00				
10	Kathryn Dobson	W59	NBM	7:20.00	10	William Watkins	M54	NSP	5:52.00				
11	Katherine Ahern-Sharpe	W53	NML	7:23.00	11	Chris Dando	M60	NML	6:00.00				
12	Kim Beazley	M62	NCT	7:30.00	12	Ronald Leggatt	M57	NBM	6:00.00				
13	Suzie Haddad	W31	NLP	7:55.00	13	Clary Munns	W72	NBT	6:00.00				
14	Donna Campbell	W54	NTN	9:00.00	14	Deanne Doran	W53	NCR	6:45.00				
15	Cassie Anderson	W36	NWS	9:30.00	15	Yvette Cotton	W45	NRV	6:55.00				
16	Peter Sheean	M72	NSA	9:45.00	16	Jillian Pateman	W57	NBM	7:00.00				
17	Margaret Jopling	W81	NPM	10:50.00	17	John Pagden	M75	NWG	7:00.00				
18	Robin Carson	W77	NNC	11:00.00	18	Stephen Black	M59	NRV	7:20.00				
19	Jamie Turner	W75	NRV	11:10.00	19	Catherine Rogers	W64	NWO	7:30.00				
Event 3C 400m Breaststroke							20	Jane Noake	W59	NSP	7:35.00		
1	Darren Fraser	M59	NPN	7:05.00	21	Maureen Woodcock	W67	NNC	7:40.00				
2	Wayne Sherson	M54	NWO	7:10.00	22	Colin Cliff	M81	NMT	7:56.00				
3	Paul Wyatt	M70	NCR	7:15.00	23	Jodie Burke	W39	NSP	8:04.00				
4	Russell Merrick	M47	NBM	7:25.00	24	Amanda Stevens	W53	NRV	8:10.00				
5	Emma Bartley	W27	NNC	7:45.00	25	Sue Wiles	W76	NBM	9:00.00				
6	Megan Blamires	W47	NBT	7:55.00	26	Jamie Turner	W75	NRV	9:25.00				
7	Katrina Burgess	W49	NTN	8:00.00	27	Ossie Doherty	M90	NWG	10:00.00				
8	Stephen Kellaway	M57	NWG	8:27.00									
9	Deanne Doran	W53	NCR	8:30.00									
10	Lindsay Brice	M65	NML	8:50.00									
11	Anthony Horadam	M59	NBT	9:00.00									
12	Kerryn Blanch	W43	NWS	9:50.00									
13	Graham Campbell	M72	NWG	12:00.00									
14	Raymond Watson	M79	NML	12:50.00									