



**masters
swimming**
NEW SOUTH
WALES

NSW Long Distance Championships

Knox Grammar School
7 Woodville Avenue, Wahroonga
23/08/2015

V2 updated 13/08/2015

MASTERS SWIMMING NSW
NSW Long Distance Championships
Knox Grammar School

Sunday - 23/08/2015
Warm Up – 8:00-8:45am, Start – 9:00am

		<i>Estimated Start Time</i>
1A	1500m Butterfly	9:00am
1B	1500m Backstroke	9:40am
1C	1500m Breaststroke	11:30am
2	800m Freestyle	1:40pm
3A	400m Butterfly	3:15pm
3B	400m Backstroke	3:35pm
3C	400m Breaststroke	4:20pm
3D	400m Individual Medley	5:00pm
4	400m Freestyle	5:20pm
	Finish Time	5:55pm
	Swimmer Count: 124	

Swimmers should consider the above estimated times to be approximate only.
Note that they are based on:

- one swimmer to a lane
 - heats seeded from fastest to slowest
 - standard start for the first heat of each event, and
 - staggered starts for subsequent heats.
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Officials

Meet Director:	Jane Noake
Meet Referee:	Marilyn Earp
Referee:	Opal Eddy, Ruth Fitzpatrick, Sue Johnstone, Neil Keele, Peter McGee, Dennis Moore, Jane Noake, Di Partridge,
Inspector of Turns:	Helen Rubin, Owen Sinden, Sue Wiles
Starter:	Stuart Ellicott
Chief Timekeeper:	Paul Bailey, Willy Watkins, James Watson
Marshal/Check Starter:	Kerryn Blanch, Noel Partridge, Lawrence Powderly, Jamie Turner
Recorder:	Mark Hepple

Timekeeping

All swimmers are requested to complete their share of timekeeping duties to ensure that the meet proceeds in a timely manner and is enjoyed by all.

Note that there are 124 swimmers entered in 228 individual swims, totalling 58 hours of swimming. To maintain 2 timekeepers in 8 lanes throughout the meet, each swimmer (excluding technical officials) will need to timekeep for at least **1 hour**.



Masters Swimming NSW
'Sunsmart' Policy and **'No Smoking'** policy
will apply at this meet.

Swimmers

Name	Sex Age	Events	Name	Sex Age	Events
BLACKTOWN CITY			HORNSBY		
1 Megan Blamires	F 46	1B, 3A	1 Stuart Ellicott	M 63	3C, 4
2 Jon Hawton	M 51	1B, 3B	Total Individual Entries: 2		
3 Mark McDonald	M 28	3A, 4	LAKE MACQUARIE CROCS		
4 Clary Munns	F 71	1B, 3C	1 Peter Willis	M 76	1B, 3B
5 Kasey Shepherd	F 33	1B, 3B	Total Individual Entries: 2		
Total Individual Entries: 10			LANE COVE		
BLUE MOUNTAINS PHOENIX			1 Jenni Burgess	F 56	3C
1 Robin Griffiths	F 61	1C, 3D	2 John Notley	M 88	3B, 4
2 Russell Merrick	M 46	3A, 3C	Total Individual Entries: 3		
3 Jillian Pateman	F 56	2, 4	LIVERPOOL LEATHERJACKETS		
4 Sue Wiles	F 75	2, 3B	1 Anissa Abela	F 45	2, 3A
Total Individual Entries: 8			2 Sean Donovan	M 50	1B, 3C
CAMPBELLTOWN COLLEGIANS			3 Jenny Shay	F 55	2, 3C
1 Kate Lewis	F 27	1A	Total Individual Entries: 6		
2 Victor Libdy	M 56	2, 4	MAITLAND		
3 Russell McLeod	M 65	1C, 3B	1 Colin Cliff	M 80	2, 4
4 Hans Preiss	M 66	1B, 3C	Total Individual Entries: 2		
5 Owen Sinden	M 60	1C, 3C	MANLY MASTERS		
Total Individual Entries: 9			1 Katherine Ahern-Sharpe	F 52	1B, 3B
CASTLE HILL			2 Lindsay Brice	M 64	1C, 4
1 Heather Cachia	F 69	1B, 3B	3 Ruth Fitzpatrick	F 67	3D
2 Kathryn Henson	F 53	1C, 3A	4 Helen Ludgate	F 44	3C, 4
3 Amanda U	F 35	1B, 3B	5 Dale Moore	M 44	2, 3B
Total Individual Entries: 6			6 Pamela Rawling	F 68	2, 4
CESSNOCK MASTERS			7 Peter Rawling	M 70	2, 3C
1 Erin Cole	F 34	2, 4	8 Vince Squillace	M 46	3B, 4
2 Patricia McCarthy	F 70	2, 3B	9 Raymond Watson	M 78	1C, 3C
3 Dennis Moore	M 66	1C, 3B	Total Individual Entries: 17		
Total Individual Entries: 6			MERRYLANDS		
COOGEE-RANDWICK			1 Graham Edwards	M 56	1C, 3C
1 Jane Eskin	F 52	3A	2 Margaret Edwards	F 57	3C, 4
2 Gary Nicholls	M 75	3B, 4	3 Peter Johnston	M 36	1C, 3C
3 Mark O'Sullivan	M 49	3A, 4	4 Craig Leckie	M 54	2, 4
4 Sjaak Verschoor	M 58	3C, 4	5 Lauren Leckie	F 23	2, 3C
5 Paul Wyatt	M 69	3D	6 Alison Sakurovs	F 30	3D, 4
Total Individual Entries: 8			7 Ian Wilson	M 50	1B, 4
CRONULLA SUTHERLAND			8 Shelley Zerni	F 45	2, 4
1 Stephen White	M 46	2, 3A	Total Individual Entries: 16		
Total Individual Entries: 2			MIAMI MASTERS		
ETTALONG			1 Mark Sutton	M 54	1C, 3C
1 Darren Bennett	M 50	2, 4	Total Individual Entries: 2		
2 Marion Dreyer	F 68	1C, 3B	MYALL		
3 Colleen Garland	F 62	3C	1 John Coles	M 71	4
4 Cameron Horn	M 56	1B, 3D	2 Christopher Lock	M 73	2, 3B
5 Paul Lemmon	M 48	1B, 3B	Total Individual Entries: 3		
Total Individual Entries: 9					

Swimmers (cont'd)

Name	Sex	Age	Events	Name	Sex	Age	Events
NELSON BAY DOLPHINS				8 James Watson	M	41	1B, 4
1 Pamela Nix	F	48	2, 3B	Total Individual Entries: 17			
2 Peter Nix	M	48	2, 3B	ST GEORGE			
3 Julie Smith	F	61	2, 4	1 Kim Beazley	M	61	1B, 3B
Total Individual Entries: 6				Total Individual Entries: 2			
NORTH SYDNEY				SUTHERLAND SANDBERN			
1 Darren Beilby	M	54	2, 4	1 Nicholas Grinter	M	24	1A, 3B
2 John DE Vries	M	57	1B, 3B	2 Peta Messent	F	44	3A
3 Christina Echols	F	45	2, 3D	3 Allan Samuels	M	51	3A
4 Peter Gregory	M	41	2, 3B	4 Peter Sheean	M	71	2, 3B
5 Rowena Solomons	F	34	3C, 4	5 Colin Stanford	M	77	2, 4
6 Helen White	F	65	3C	6 Stephen Thompson	M	56	1A, 3C
7 Alice Wilson	F	31	3C, 4	Total Individual Entries: 10			
Total Individual Entries: 13				TATTERSALLS			
NOVOCASTRIAN				1 Andrew Davis	M	56	1C, 3C
1 Emma Bartley	F	26	2, 3D	2 Peter Thiel	M	44	2, 4
2 Robin Carson	F	76	1C, 3B	Total Individual Entries: 4			
3 Wendy Gordon	F	62	2, 3C	TUGGERANONG VIKINGS			
4 Michelle Herms	F	55	1A	1 David Bale	M	42	1A, 3C
5 Rhonda O'Donnell	F	51	2, 3B	2 Otto Benda	M	53	2, 3D
6 Bill Walker	M	86	2, 3B	3 Katrina Burgess	F	48	1B, 3A
Total Individual Entries: 11				4 Donna Campbell	F	53	3C, 4
PENRITH				5 Leisa Cass	F	54	2, 4
1 Sally Hatcher	F	59	1C, 3D	6 Jeanette Droop	F	54	1B, 3B
Total Individual Entries: 2				7 Caroline Makin	F	47	1C, 3B
PICTON				8 Jon McRae	M	65	1B, 3D
1 Elly Ramon	F	67	2, 4	9 Anne Smyth	F	55	2, 3B
Total Individual Entries: 2				Total Individual Entries: 18			
PORT MACQUARIE				WARRINGAH			
1 Margaret Jopling	F	80	1B, 3B	1 Paul Bailey	M	54	1A, 3A
Total Individual Entries: 2				2 Keith Bourdon	M	58	1A, 3D
RYDE				3 Graham Campbell	M	71	2, 3B
1 Khyiah Angel	F	50	3B, 4	4 Wilson Gamble	M	71	1B, 3D
2 Alan Burgess	M	64	2, 4	5 Peter Kaupert	M	74	1B, 3C
3 Yvette Cotton	F	44	2, 4	6 Tony Tooher	M	53	3B, 4
4 Sonia Holtheuer	F	55	1C	Total Individual Entries: 12			
5 Helen Rubin	F	63	1A, 3C	WESTS AUBURN			
6 Jamie Turner	F	74	2, 3C	1 Cassie Anderson	F	35	1C, 3B
7 Vicky Watson	F	49	2	2 Kerry Blanch	F	42	1A
8 Jenny Whiteley	F	57	1C, 3A	Total Individual Entries: 3			
Total Individual Entries: 14				WETT ONES			
SEASIDE PIRATES				1 Damon Kendrick	M	56	2
1 Linda Buckley	F	57	2, 3B	2 Chris Saxby	M	35	4
2 Graham Hill	M	44	3C	Total Individual Entries: 2			
3 Jane Noake	F	58	3C, 4	WOLLONGONG			
4 Sandi Rigby	F	70	2, 4	1 Sue Johnstone	F	62	4
5 Heidi Roche	F	43	2, 3B	2 Doreen Walton	F	59	3C, 4
6 Sandra Rogers	F	51	1C, 3A				
7 William Watkins	M	53	2, 4				

Event Seeding

Name	Sex/Age	Club	Time
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Event 1A 1500m Butterfly

1	Nicholas Grinter	M24 NSA	25:00.00
2	David Bale	M42 NTN	29:11.00
3	Stephen Thompson	M56 NSA	29:20.00
4	Kate Lewis	W27 NCT	30:00.00
5	Keith Bourdon	M58 NWG	32:00.00
6	Michelle Herms	W55 NNC	32:00.00
7	Paul Bailey	M54 NWG	36:00.00
8	Kerryn Blanch	W42 NWS	40:00.00
9	Helen Rubin	W63 NRY	41:00.00

Event 1B 1500m Backstroke

1	Paul Lemmon	M48 NET	19:20.00
2	Jon Hawton	M51 NBT	21:00.00
3	Cameron Horn	M56 NET	21:45.00
4	James Watson	M41 NSP	22:00.00
5	Kasey Shepherd	W33 NBT	22:00.00
6	John DE Vries	M57 NNS	22:30.00
7	Katrina Burgess	W48 NTN	25:55.00
8	Ian Wilson	M50 NMR	26:00.00
9	Peter Kaupert	M74 NWG	27:30.00
10	Clary Munns	W71 NBT	28:00.00
11	Amanda U	W35 NCL	28:00.00
12	Kim Beazley	M61 NSG	29:00.00
13	Wilson Gamble	M71 NWG	29:30.00
14	Megan Blamires	W46 NBT	30:00.00
15	Jon McRae	M65 NTN	31:00.00
16	Jeanette Droop	W54 NTN	31:00.00
17	Katherine Ahern-Sharpe	W52 NML	33:00.00
18	Hans Preiss	M66 NCT	38:00.00
19	Margaret Jopling	W80 NPM	40:00.00
20	Sean Donovan	M50 NLP	40:00.00
21	Heather Cachia	W69 NCL	50:00.00
22	Peter Willis	M76 NMS	56:00.00

Event 1C 1500m Breaststroke

1	Peter Johnston	M36 NMR	25:00.32
2	Jenny Whiteley	W57 NRY	26:30.00
3	Mark Sutton	M54 QMM	26:40.00
4	Caroline Makin	W47 NTN	28:45.00
5	Sandra Rogers	W51 NSP	30:00.00
6	Owen Sinden	M60 NCT	30:00.00
7	Graham Edwards	M56 NMR	33:27.51
8	Lindsay Brice	M64 NML	34:00.00
9	Andrew Davis	M56 NTS	35:00.00
10	Russell McLeod	M65 NCT	36:00.00
11	Robin Griffiths	W61 NBM	38:00.00
12	Sally Hatcher	W59 NPN	40:00.00
13	Sonia Holtheuer	W55 NRY	40:00.00
14	Cassie Anderson	W35 NWS	40:00.00
15	Kathryn Henson	W53 NCL	45:00.00
16	Raymond Watson	M78 NML	46:35.00
17	Dennis Moore	M66 NCK	48:00.00

Name	Sex/Age	Club	Time
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Event 1C 1500m Breaststroke (cont'd)

18	Marion Dreyer	W68 NET	55:00.00
19	Robin Carson	W76 NNC	1:00:00.00

Event 2 800m Freestyle

1	Peter Thiel	M44 NTS	8:55.00
2	Pamela Nix	W48 NNB	10:05.00
3	Dale Moore	M44 NML	10:20.00
4	Damon Kendrick	M56 NWO	10:30.00
5	Peter Nix	M48 NNB	10:30.00
6	Peter Gregory	M41 NNS	10:40.00
7	Vicky Watson	W49 NRY	11:15.00
8	Emma Bartley	W26 NNC	11:20.00
9	Anne Smyth	W55 NTN	11:40.00
10	Christina Echols	W45 NNS	12:00.00
11	Shelley Zerni	W45 NMR	12:00.00
12	Rhonda O'Donnell	W51 NNC	12:20.00
13	Heidi Roche	W43 NSP	12:30.00
14	William Watkins	M53 NSP	12:30.00
15	Leisa Cass	W54 NTN	12:35.00
16	Lauren Leckie	W23 NMR	12:40.00
17	Wendy Gordon	W62 NNC	13:45.00
18	Peter Sheean	M71 NSA	13:50.00
19	Anissa Abela	W45 NLP	14:00.00
20	Jillian Pateman	W56 NBM	14:00.00
21	Jenny Shay	W55 NLP	14:00.00
22	Yvette Cotton	W44 NRY	14:04.00
23	Darren Beilby	M54 NNS	14:30.00
24	Linda Buckley	W57 NSP	14:30.00
25	Stephen White	M46 NCS	14:30.00
26	Otto Benda	M53 NTN	15:00.00
27	Christopher Lock	M73 NMM	15:00.00
28	Craig Leckie	M54 NMR	15:32.25
29	Colin Cliff	M80 NMT	15:50.00
30	Colin Stanford	M77 NSA	15:50.00
31	Pamela Rawling	W68 NML	16:00.00
32	Erin Cole	W34 NCK	16:00.00
33	Peter Rawling	M70 NML	16:15.00
34	Julie Smith	W61 NNB	16:30.00
35	Elly Ramon	W67 NPT	16:50.00
36	Sandi Rigby	W70 NSP	17:00.00
37	Sue Wiles	W75 NBM	18:00.00
38	Alan Burgess	M64 NRY	19:00.00
39	Victor Libdy	M56 NCT	20:00.00
40	Graham Campbell	M71 NWG	21:00.00
41	Patricia McCarthy	W70 NCK	22:00.00
42	Darren Bennett	M50 NET	24:00.00
43	Jamie Turner	W74 NRY	25:00.00
44	Bill Walker	M86 NNC	27:00.00

Event Seeding (cont'd)

Name	Sex/Age	Club	Time	Name	Sex/Age	Club	Time
Event 3A 400m Butterfly				Event 3B 400m Backstroke (cont'd)			
1	Russell Merrick	M46 NBM	6:15.00	37	Marion Dreyer	W68 NET	13:40.00
2	Jenny Whiteley	W57 NRY	6:40.00	Event 3C 400m Breaststroke			
3	Allan Samuels	M51 NSA	6:45.00	1	Graham Hill	M44 NSP	6:15.00
4	Peta Messent	W44 NSA	7:00.00	2	Peter Johnston	M36 NMR	6:18.30
5	Katrina Burgess	W48 NTN	7:09.00	3	Stuart Ellicott	M63 NHS	6:30.00
6	Sandra Rogers	W51 NSP	7:10.00	4	Mark Sutton	M54 QMM	6:45.00
7	Mark O'Sullivan	M49 NCR	7:30.00	5	Russell Merrick	M46 NBM	7:00.00
8	Megan Blamires	W46 NBT	8:00.00	6	Stephen Thompson	M56 NSA	7:00.00
9	Mark McDonald	M28 NBT	8:00.00	7	Helen Ludgate	W44 NML	7:30.00
10	Paul Bailey	M54 NWG	8:10.00	8	Rowena Solomons	W34 NNS	7:35.00
11	Stephen White	M46 NCS	8:20.00	9	Peter Kaupert	M74 NWG	7:40.00
12	Jane Eskin	W52 NCR	9:00.00	10	Wendy Gordon	W62 NNC	8:00.00
13	Anissa Abela	W45 NLP	9:00.00	11	Sjaak Verschoor	M58 NCR	8:00.00
14	Kathryn Henson	W53 NCL	11:00.00	12	Clary Munns	W71 NBT	8:00.00
Event 3B 400m Backstroke				13	Owen Sinden	M60 NCT	8:00.00
1	Paul Lemmon	M48 NET	4:55.00	14	Lauren Leckie	W23 NMR	8:00.00
2	Jon Hawton	M51 NBT	5:30.00	15	Graham Edwards	M56 NMR	8:28.22
3	Nicholas Grinter	M24 NSA	5:45.00	16	David Bale	M42 NTN	8:29.11
4	Dale Moore	M44 NML	5:50.00	17	Andrew Davis	M56 NTS	8:30.00
5	John DE Vries	M57 NNS	5:52.00	18	Jenni Burgess	W56 NLC	8:40.00
6	Kasey Shepherd	W33 NBT	6:00.00	19	Helen White	W65 NNS	8:40.00
7	Peter Nix	M48 NNB	6:00.00	20	Jane Noake	W58 NSP	8:45.00
8	Tony Tooher	M53 NWG	6:02.00	21	Margaret Edwards	W57 NMR	9:00.00
9	Peter Gregory	M41 NNS	6:10.00	22	Alice Wilson	W31 NNS	9:40.00
10	Vince Squillace	M46 NML	6:15.00	23	Jenny Shay	W55 NLP	10:00.00
11	Pamela Nix	W48 NNB	6:20.00	24	Sean Donovan	M50 NLP	10:00.00
12	Caroline Makin	W47 NTN	6:30.00	25	Donna Campbell	W53 NTN	10:10.00
13	Heidi Roche	W43 NSP	6:45.00	26	Raymond Watson	M78 NML	10:15.00
14	Amanda U	W35 NCL	6:50.00	27	Hans Preiss	M66 NCT	10:15.00
15	Gary Nicholls	M75 NCR	7:10.00	28	Helen Rubin	W63 NRY	11:00.00
16	Kim Beazley	M61 NSG	7:15.00	29	Peter Rawling	M70 NML	12:10.00
17	Rhonda O'Donnell	W51 NNC	7:20.00	30	Jamie Turner	W74 NRY	13:00.00
18	Anne Smyth	W55 NTN	7:20.00	31	Colleen Garland	W62 NET	13:00.00
19	Katherine Ahern-Sharpe	W52 NML	7:35.00	32	Doreen Walton	W59 NWL	15:00.00
20	Jeanette Droop	W54 NTN	7:45.00	Event 3D 400m IM			
21	Linda Buckley	W57 NSP	8:15.00	1	Cameron Horn	M56 NET	5:46.00
22	Russell McLeod	M65 NCT	8:30.00	2	Emma Bartley	W26 NNC	6:05.00
23	Cassie Anderson	W35 NWS	9:30.00	3	Christina Echols	W45 NNS	6:15.00
24	Margaret Jopling	W80 NPM	10:00.00	4	Paul Wyatt	M69 NCR	6:30.00
25	Dennis Moore	M66 NCK	10:00.00	5	Alison Sakurovs	W30 NMR	6:41.26
26	Christopher Lock	M73 NMM	10:00.00	6	Keith Bourdon	M58 NWG	7:00.00
27	Khyiah Angel	W50 NRY	10:00.00	7	Wilson Gamble	M71 NWG	7:50.00
28	Peter Sheean	M71 NSA	10:50.00	8	Jon McRae	M65 NTN	7:50.00
29	Heather Cachia	W69 NCL	11:20.00	9	Otto Benda	M53 NTN	9:00.00
30	Sue Wiles	W75 NBM	11:30.00	10	Robin Griffiths	W61 NBM	9:11.00
31	Robin Carson	W76 NNC	12:00.00	11	Sally Hatcher	W59 NPN	9:30.00
32	Graham Campbell	M71 NWG	12:30.00	12	Ruth Fitzpatrick	W67 NML	9:55.00
33	Bill Walker	M86 NNC	13:00.00				
34	Peter Willis	M76 NMS	13:00.00				
35	Patricia McCarthy	W70 NCK	13:10.00				
36	John Notley	M88 NLC	13:30.00				

Event Seeding (cont'd)

Name				Sex/Age				Club				Time			
Event 4 400m Freestyle															
1	Peter Thiel	M44	NTS	4:20.00											
2	Chris Saxby	M35	NWO	4:50.00											
3	Ian Wilson	M50	NMR	5:05.64											
4	Tony Toohar	M53	NWG	5:20.00											
5	Mark O'Sullivan	M49	NCR	5:20.00											
6	Vince Squillace	M46	NML	5:20.00											
7	Alison Sakurovs	W30	NMR	5:21.35											
8	James Watson	M41	NSP	5:30.00											
9	Stuart Ellicott	M63	NHS	5:35.00											
10	Shelley Zerni	W45	NMR	5:40.00											
11	Helen Ludgate	W44	NML	5:45.00											
12	William Watkins	M53	NSP	5:58.00											
13	Mark McDonald	M28	NBT	6:00.00											
14	Rowena Solomons	W34	NNS	6:05.00											
15	Leisa Cass	W54	NTN	6:08.00											
16	Gary Nicholls	M75	NCR	6:35.00											
17	Yvette Cotton	W44	NRV	6:41.00											
18	Jillian Pateman	W56	NBM	6:53.00											
19	Darren Beilby	M54	NNS	6:56.00											
20	Sjaak Verschoor	M58	NCR	7:00.00											
21	Lindsay Brice	M64	NML	7:05.00											
22	Margaret Edwards	W57	NMR	7:15.00											
23	Erin Cole	W34	NCK	7:30.00											
24	Jane Noake	W58	NSP	7:30.00											
25	Craig Leckie	M54	NMR	7:32.83											
26	Elly Ramon	W67	NPT	7:35.00											
27	Alice Wilson	W31	NNS	7:40.00											
28	Colin Stanford	M77	NSA	7:45.00											
29	Colin Cliff	M80	NMT	7:50.00											
30	Pamela Rawling	W68	NML	7:55.00											
31	Julie Smith	W61	NNB	8:00.00											
32	Victor Libdy	M56	NCT	8:03.00											
33	John Coles	M71	NMM	8:15.00											
34	Donna Campbell	W53	NTN	8:20.00											
35	Sandi Rigby	W70	NSP	8:30.00											
36	Alan Burgess	M64	NRV	9:10.00											
37	Doreen Walton	W59	NWL	9:15.00											
38	Khyiah Angel	W50	NRV	9:45.00											
39	Darren Bennett	M50	NET	10:02.00											
40	Sue Johnstone	W62	NWL	11:04.00											
41	John Notley	M88	NLC	13:30.00											